

## A plan of policies and activities for 2026

The primary policies and objectives of the ICASA does not change and stay the same as in 2025. The projects objectives are different as research and data collection progress.

### 1. Objectives and activities

#### *Objectives:*

The *International Collaboration on ADHD and Substance Abuse (ICASA Foundation)* is an international research network. The two main objectives of ICASA are:

- Increase of the quality of diagnostic and treatment procedures for patients with both Attention Deficit Hyperactivity disorder (ADHD) and Substance Use Disorders (SUD);
- Prevention of development of SUD in children, adolescents and adults with ADHD.

#### *Target group:*

The ICASA foundation is specifically committed to the interests of children, adolescents and adults with ADHD and patients having both ADHD and SUD

#### *Activities/actions:*

The main activities of the research network are developing and conducting international multi-center studies, and dissemination of findings through publications in international peer-reviewed journals and presentations at national and international conferences. The topics of ICASA studies are within the scope of the main goals of ICASA.

Another research activity is writing reviews, consensus statements and/or other (scientific) documents, summarizing and commenting on existing research about ADHD-SUD. The network and its participants participate in scientific conferences and meetings, and in training activities (mainly for researchers and professionals) to inform the scientific community and professionals working with patients with ADHD-SUD on the results of the first two ICASA activities.

#### *Management*

The ICASA Foundation board consists of the chair, the secretary, the treasurer, the director and three members. The ICASA board is the decision-making body of the foundation. The board is responsible for decisions on what actions (studies, scientific papers, conferences etc.) will be undertaken, and for formal matters like financial reports, the website of the foundation, organizing network meetings etc.

As ICASA is an international research network, it needs an Office to coordinate the activities. The ICASA research office is located at RadboudUMC/NISPA Nijmegen, the Netherlands. The ICASA Foundation Office coordinates following activities:

## **1.1. Coordination of the ongoing projects in 2026**

### **INCAS Project**

The International Naturalistic Cohort Study of ADHD and Substance Use Disorders (INCAS): clinical characteristics, treatment, and outcome (INCAS). The aim of this study is to describe the treatments provided and the outcomes regarding ADHD symptoms and substance use in adult treatment seeking SUD patients with ADHD.

Data collection that started in October 2017 continued until 31st May 2021. After the inclusion of the new subjects, the total of N=549 participants were enrolled in the study. The follow up recruitment will continue in 2023. Until now 60% of the three month follow up data and 40% of the 9 month follow up data were collected. In terms of data analysis, in 2025 the first papers were published on the baseline data. The analysis and publications including the follow up data will continue in 2026.

### **IASP-Genetics Project**

The IASP-Genetics-project is a continuation of the IASP projects. The extraction of the DNA was completed in 2022. Data has now been transferred to a secured place at the RadboudUMC, Nijmegen and has been analyzed. The paper has now been submitted for publication.

## **1.2. Setting up new research projects and seeking funding for these projects**

To keep on working towards the ICASA Foundation goals, it is necessary to set up new research projects, and find new funding resources. This is a joint effort of the board and the ICASA members network. The ICASA Foundation Research Office has a coordinating role in this activity.

In 2023, an new International Survey concerning ADHD and SUD in adolescents has been developed. This in line with our mission, in particular with aspect of prevention of SUD in adolescent ADHD patients. We aim to gain more expertise on child and adolescence. More specifically, the online survey that is carried out selects possible candidate countries to participate in research project.

### **International Survey**

Treatment of comorbid ADHD and addiction problems in youth is challenging and may differ across countries and treatment systems. Since we have no international data on this topic, ICASA has taken the initiative for this survey. We are looking for national key resource persons to participate in an international survey on treatment for youths with ADHD and addiction problems across different countries in the world.

The main objective of this survey is to obtain information about the organization and clinical practices related to the treatment of comorbid ADHD and addiction problems in youth (12-20 years) in different states and countries. Study outcomes will be reported in a scientific publication and will be used as a preparation for a collaborative international research project. Data collection has been finished, analysis will be performed and writing up the results are planned in 2025.

### **Consensus statement**

The plan for the coming year is to finish writing towards a new consensus statement from ICASA. With a focus on writing a clinical guideline. The status of the statement will be followed up during every network meeting.

### **INCAS youth**

ICASA has been planning to initiate a new study – the INCAS study in Youth (INCAS-Y). The primary objective of the INCAS-Y study is to obtain data on the prevalence and assessment of co-morbid ADHD in young patients (12-25 years) in treatment for SUD (part 1). In an additional longitudinal cohort-study (part 2), we aim to explore possible explanations for reduced treatment efficacy in

adolescent patients with ADHD and SUD by studying the dynamics between subjective treatment experiences, treatment adherence and ADHD- and SUD symptoms over the course of treatment and at follow-up. A synopsis have been written and discussed during the three-day event in Frankfurt. Final decisions of content and study design of the study will be made in 2026.

### **1.3. Organizing participation in International Conferences and training activities**

In order to inform the scientific community, and professionals working in the SUD-ADHD field, ICASA participates in symposia, lectures and training activities. These activities are organized via the ICASA Foundation Research Office.

The next ICASA Network meeting is scheduled for February 2026. During this event, members of the ICASA network will discuss recent results and provide an update on ongoing projects. The next ICASA Board meeting is planned in the summer of 2026, during which the update of the planning for the rest of the year will be discussed.

The future ICASA-Network meeting in person is considered to take place in Leiden in July 2026. If possible, this event will include a writing retreat for the ICASA members.

### **1.4. Formal activities**

The formal aspects of the ICASA Foundation, including bookkeeping, payment of invoices, handling incoming financial resources, keeping the ICASA Foundation bank-account are handled by the ICASA Office.

Each year a formal financial report is required and needs to be signed by the ICASA chair and treasurer at the annual board meeting.

The yearly board meeting and network meeting need to be organized. When necessary, extra network meetings are being organized.

Formal documents need to be archived, and both other ICASA-related documents and research related documents need to be archived, in hard-copy and digitally.

During the first board meeting the financial report from a previous year will be discussed and approved. Budget and the new year planning for 2026 will be the main topics of the second board meeting that will take place the end of the calendar year.

## **2. Method of generating income**

The ICASA Foundation is a not-for-profit organization. It seeks funding for its activities via voluntary participation fees of its participating institutes and via external funding organizations.

## **3. Management and use of the institution's assets**

The ICASA office pays incoming invoices. Both the incoming and outgoing payments are accounted in the financial report, which is controlled by the ICASA Board and Director. Details on how money are managed is documented in the Financial report and Budget documents that can be found on the website.